

For Immediate Release

Albuquerque, NM (Pitch Engine) December 6, 2011 [Upward Motion Personal Training](#) is proud and excited to announce that they are now offering an [on-line store](#) offering fitness products, apparel, protein diet supplements, and a fitness book. Ideally as progress takes place the Upward Motion Personal Training on-line store will be Albuquerque's one-stop-shop where anything and everything someone needs for staying fit, dressing for workouts, and supplementing their diet is always available. The items currently available at the Upward Motion Personal Training [On-Line Store](#) are as follows:

1. Fitness Foot Foam
2. Half Foam Roller
3. Upward Motion Personal Training Water Bottle
4. Upward Motion Blackout Cut Off Shirt
5. Upward Motion Blue Workout Cut Off Shirt
6. Upward Motion Meal Replacements
7. Upward Motion Men's Black Shorts
8. Upward Motion Men's Blue Shorts
9. Upward Motion Protein Shakes
10. Upward Motion White T-shirt
11. Upward Motion Women's Black Yoga Pants
12. Upward Motion Women's Blue Yoga Pants
13. Upward Motion Work Book
14. Women's Black Sleeve Less T-shirt
15. Women's Blue Sleeve Less T-shirt

State's Luis Alvidrez Founder and Owner of Upward Motion Personal Training, "When we set up our [on-line store](#) with fitness products and such we went in thinking we would build it up slowly and add items that our clients suggested and add items that are the popular in the fitness world. That is exactly how it's been progressing for us." Upward Motion Personal Training is going to continue to grow the company on-line store going forward.

#### About Upward Motion Personal Training

Upward Motion Personal Training is a personal trainer studio offering customized personal training workout programs, small group training classes, Women's Butt and Gut Classes, Piloxing classes, an [on-line store](#) and Upward Motion Personal Training's Y.E.S. To Success Program. The company's workout studio is located at 336 Adams St SE, Albuquerque, NM 87108

#### CONTACT:

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