

For Immediate Release

Albuquerque, NM (Pitch Engine) December 6, 2011 [Upward Motion Personal Training](#) is proud and excited to announce that they are now offering F3 Fitness Foot Foam. Feet as we all well know, carry each of us from point A to point B every single day of our lives. With that in mind we all should be sure that we take care of our feet because our feet provide the foundation which connects us to the earth, and they are the conduit for energy from the earth through the rest of our body. Knowing this led Upward Motion Personal Training to start carrying F3 Fitness Foot Foam for their personal training clients. The F3 product works on your feet both during the day time and during the night time. F3 Fitness Foot Foam has the following features:

- Instant Low-Temperature Cooling
- Includes Softening Ingredients for Calluses
- Includes Anti-redness Ingredients
- Includes Anti-swelling Ingredients
- Includes Anti-bacterial security
- Includes a Disinfectants
- Includes Aromatherapy Ingredients
- Bubbles covert from foam to liquid to powder forming a protective 'second skin' on your feet
- Offers a Daily Face Lift for Your Feet

F3 is a very good product and certainly for the person who is busy physically working out all the time this product makes sense for them and everyone else too.

About Upward Motion Personal Training

Upward Motion Personal Training is a personal trainer studio offering customized personal training workout programs, small group training classes, Women's Butt and Gut Classes, Piloxing classes, and Upward Motion Personal Training's Y.E.S. To Success Program. The company's workout studio is located at 336 Adams St SE, Albuquerque, NM 87108

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